

Wellbeing & Safety Action Group Notes

Meeting date: 5th January 2022, 6.30pm



No	Topic
1	<p>Apologies for absence</p> <ul style="list-style-type: none">• Jaspal Chhokar• David Brackin• Lorette Du Toit <p>Attendees</p> <p>Cllr. Andrew Wood Cllr. Anne Marie Vladar Cllr. Isobel Darby Cllr. Janna Holder Cllr. Jonathan Rush Cllr. Linda Smith Cllr. Pete Dale Cllr. Rob Gill Cllr. Tony Shinner Mandy Thomas Mark Stokes Monica Bergh Natalie Hallas Sue Moffat</p>
2	<p>Notes of last meeting</p> <p>Agreed.</p>
4	<p>Submitted applications for discussion</p> <p>Jordans Village Ltd – Village Hall Kitchen Refurbishment</p> <ul style="list-style-type: none">• Worthwhile project, contribution is good• Approved to recommend to Board

	<p>Breathe Outside CIC – Movement for Mental Health: Natalie Hallas</p> <ul style="list-style-type: none"> • How will only people from our Board going to be referred? Eligibility criteria: MH diagnosis; sedentary; PCN borders will be considered • Age range: 18 upwards • Where? Accessible by public transport: Chalfont Park, Gerrards Cross Commons – many more. Walking trails. Intro people to areas they may not have been confident visiting • No of people: 2 cohorts of 6 people – face to face = £458/person. Some goes to confidential admin, equipment. Delivery is £25/person/week • NHS contribution? Ideally, yes NHS or PH, but it is hard without a pilot and case study. This would be the pilot. At the end of the period, the hope is that it will be contributed to by the NHS and/or PH • What is the main draw of this particular project? Cost; outdoor setting; small group; face to face • Natalie is qualified in exercise for mental health – not a counselling session. General, lifestyle advice is given • How will we know if success has been achieved? Measurement of activity and MH symptoms. • Doctor is notified that they're on this course • Approved to go to the Board <p>Seer Green Parish Council – Bench for The Recreation Ground</p> <ul style="list-style-type: none"> • Mandy Thomas made the case that quite a few projects have gone through without contributions from the Parish Councils • That it is a necessity for the elderly in the community • Approved to go to the Board
5	<p>Agree date of next meeting.</p> <p>Agreed as Wednesday 30th March at 6.30pm</p>
6	<p>Any Other Business, topics for future discussion.</p> <ul style="list-style-type: none"> • Clarity: on whether you should come along to present your application; on what the rules are in general • Will the form be closed down this year?

